

22 August 2012 1ABCT Weekly News Update: please pass along to Soldiers, Family and Friends of 1ABCT. You can always stay up to date with local events by going to 1st Infantry Division page at http://www.riley.army.mil/default.aspx or if you are having issues reading this you can click on this link to read the weekly news. http://www.riley.army.mil/UnitPage.aspx?unit=1bct. We are always up and posting new information on FaceBook! Join us on the Official 1ABCT FaceBook Page at www.facebook.com/1HBCTDEVILBRIGADE?v=wall&ref-sgm

Fort Riley Current News Updates: This information has recently been updated, and is now available.

http://www.riley.army.mil/OurPost/CurrentNews.aspx In addition to the Current News page there are Garrison Commander's Community Corner articles http://www.riley.army.mil/DocumentList.aspx?lib=GC-Corner

The Inaugural WIBW-TV 13 Thunder in the Heartland set for August 23-25 at Heartland Park: The inaugural WIBW-TV 13 Thunder in the Heartland is a three-day championship drag racing event for NHRA's West Central Division - Division 5. The event will be held at Heartland Park Topeka August 23-25. "WIBW-TV 13 has become an integral partner in the promotion of events we host at Heartland Park Topeka. Aside from being one of the leading CBS Stations in the nation, they truly understand the importance of providing relevant content delivered through an integrated platform," said Heartland Park's General Manager Joe Douthitt. "Becoming the title sponsor for the inaugural WIBW-TV 13 Thunder in the Heartland event is cutting edge for the sport and a major step in our ongoing partnership. Fans will be able to experience a full weekend of activities racing and summertime fun!" Besides great racing, there will be many other fun activities to enjoy with the entire family, like the kids' zone, BBQ specials, fan contests, a car show and fireworks on Saturday and live music on Sunday. "Our 13 Weather Team constantly tracks thunder in the heartland. Now through this partnership, we are making some noise of our own by sponsoring the WIBW-TV 13 Thunder in the Heartland event," said Jim Ogle, General Manager of WIBW-TV/MyTV. "Our viewers and fans from all over the region are in for a great weekend of NHRA drag racing, car shows and family fun." This partnership with Heartland Park Topeka, NHRA and WIBW-TV 13 is unique; no other NHRA Division race in the country has a television station as the title sponsor. "It brings with it a terrific opportunity for the NHRA West Central Division," says Rob Park, Director of NHRA West Central Division. "This is a very exciting time for our racers, fans and sponsors." The event will be Aug. 23-25. Thursday, Aug. 23 is a Test-n-Tune day with competition beginning on Friday, Aug. 24 and Championship on Saturday, Aug. 25. Tickets can be purchased at www.hpt.com Tickets for Thursday are \$10 for adults and children 12 and under are free. Tickets for Friday and Saturday are \$15 for adults with children (ages 4-12) \$5. A three-day pass is \$25 for adults and \$10 for children (ages 4-12). Military with a Military ID and Children three and under are free. A limited number of 2 for 1 coupon cards will be distributed through Topeka area businesses. A list of locations will be announced soon. Heartland Park Topeka is a unique, multi-faceted motorsports facility that offers an array of activities for fans of all ages, tastes and backgrounds, from Saturday night dirt stock car racing to world-class, nationally prominent drag racing and road circuit events. It is the mission of owner Raymond Irwin and his team to "be a leader in the world of motorsports entertainment, and to build a community-based spirit throughout Topeka and the region." For tickets and more information on all Heartland Park Topeka activities, please go to www.HPT.com

Free tickets available for NHRA Drag Races at Heartland Park Topeka: Please read entire e-mail before responding. If you are interested in these tickets please e-mail Tina Stull at tina@tinastullracing.com Tina Stull from Tina Stull Racing in conjunction with Heartland Park Topeka will be providing free tickets to the Saturday, Aug. 25 races to members of the military. In addition with military I.D. military members receive one free admission to the races. The tickets are electronic. Please e-mail Tina at tina@tinastullracing.com and let her know how many tickets you would like to receive and a good e-mail address to send them too. Tina would also like to invite members of the military to come to her pit area during the races where she will have refreshments available. The Kansas National Guard will have a recruiting display in her area during the races. When requesting the tickets make sure you provide Tina with the following information: 1. Name 2. Number of tickets requested 3. E-mail where she can send you the tickets

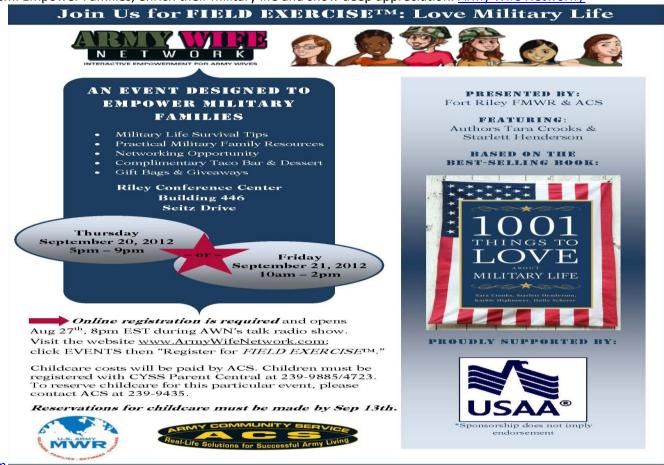
Fort Riley Youth Sports Update - Youth Sports and Fitness Activities with registration due Aug. 24 or 31: The following Youth Sports and Fitness activities are available: Orienteering - Register by Aug. 24, grades 4 to 12, \$20, Fall Soccer - Register by Aug. 24, grades K to 12, \$40, Volleyball - Register by Aug. 24, grades 3 to 12, \$40, Flag Football - Register by Aug. 24, grades 2 to 12, \$40, Cheerleading - Register by Aug. 24, grades 1 to 12, \$40, Start Smart Soccer - Register by Aug. 31, ages 3 to 4, \$20, Start Smart Flag Football - Register by Aug. 31, grades K to 1, \$20, For more information, call 785-239-9223 or check out their site at http://rileymwr.com/main/?page_id=264

August is Antiterrorism Awareness Month - BE VIGILANT - See something, say something- if you need to report a suspicious event please call, the Fort Riley Antiterrorism Office and speak with Chris Hallenbeck at 785-239-6303 or Patrick Burch at 785-240-6127. iWATCH video: BE VIGILANT - See something, say something: August is Antiterrorism Awareness Month. Follow the link below to the iWATCH page on the 1st Infantry Division and Fort Riley website to view the latest antiterrorism video. Check back to the iWATCH page, several more AT videos will be posted during the month of August. http://www.riley.army.mil/UnitPage.aspx?unit=iWatchs

Sporting KC (MLS Soccer) military Appreciation Day vs NY Red Bulls, 8pm at Livestrong Sporting Park, Kansas City- discount tickets available at http://www.sportingkc.com/uso Password for military tickets: Military 2012

Leisure Travel- Tickets are available at the Leisure Travel Center for K-State football; against Miami, Texas Tech and Oklahoma State and Texas. They also have Kansas City Chiefs tickets and other great military discounts on area amusement parks and sporting events. For more information call 785-239-5614

Spouse Field Exercise (registration opens 27 August) Thursday, September 20, 2012, 5:00pm – 9:00pm. Spouse Family Members come join us at Riley's Conference Center, 446 Seitz Drive to empower individuals to make the right choices in their personal lives and offer an encouraging outlet for relief and creativity in today's hectic, over-stressed military lifestyle. Inform Families on how to capitalize on DA and DOD services already provided for them. Empower Families, enrich their military life and show deep appreciation. Army Wife Network /



ArmyWifeTalkRadio.com

Next Training Holiday: 31 August -3 Sept for Labor Day- enjoy your weekend!

15 slots available for 1ABCT, for a one day Employment workshop coming up on 7 September 2012. Times are 0930 – 1500. RSVP Date: 31 Aug, Audience: Adult Family members. Childcare: No, Location: Resiliency Learning Center. This is a great packaged deal. Workshops will be facilitated by Ms Cheryl Guice, Dir of HR, KSU and Jeff Reade, ACS ERP Manager. Participants will receive: Resume Writing assistance (one on one), support in computer lab with preparing USA Jobs resume, cover letter assistance, interviewing and networking skills, effective job searches, Dress of Success. Information tailored to the military spouse, spouse Employment Program, Spouse Preference, and competitive cutting edge advice and guidance. Max attendance is 30. We'll have to cancel if we don't get the additional support and participation. Interested registrants can contact me directly. POC: L'Tanya D. Pugh, Outreach Program Manager Unit Service Coordinator, 1HBCT Army Community Service, Fort Riley, Kansas Commercial: (785) 239-9444 DSN: 856-9444

Fort Riley Religious Ministries Update - Family Life Ministries classes/groups: Family Life Ministries hosts the following classes and groups: Marriage class: A class for couples preparing to get married or couples in the first few years of marriage. Class is offered the last Friday of the month. Divorce recovery group: A six-week group program to assist individuals in adjustments to life after divorce. The group meets from 10 to 11:30 a.m. every Thursday. Childhood sexual assault recovery group: A faith-based six-month program for women seeking to find help and healing from memories of sexual assault during their childhood. The group meets from 11:30 a.m. to 1 p.m. beginning Sept. 11. Marriage and Family counseling: Offered by appointment, the goal of counseling is to improve the quality of life within the Family unit. Individual counseling: Offered by appointment, the goal of counseling is positive client growth and development of effective problem-solving, decision-making and coping skills. For more information on any of the programs listed above, call 785-239-3426

Fort Riley Better Opportunities for Single Soldiers (BOSS) Update - BOSS Pool Party Aug. 25: will be from 8 p.m. to midnight at Custer Hill Pool. The party will feature a local disc jockey, barbecue drawings and giveaways and a flip-book photo booth. The event is free and open to those 18 years of age or older. Call 785-239-2677 for more information- see flyer below

Fort Riley Advisories Update - Road Closures and Delays: Aug. 27 – Sept. 14: The roads maintenance contractor will mill, patch and overlay First Division Ave from the intersection of Huebner Ave to Normandy Dr. Traffic will be reduced to one lane periodically on 1st Division during this time. This could produce traffic delays during peak traffic periods. Recommend the use of alternate routes during this time frame. Please observe the construction warning signs, pilot vehicle and Traffic Control personnel. http://www.riley.army.mil/NewsViewer.aspx?id=5982

Family Readiness Support Assistants

FRSA Training

28 & 29 August 2012

9:00 am - 3:00 pm

Building 7285

Room 10

Sponsored by:

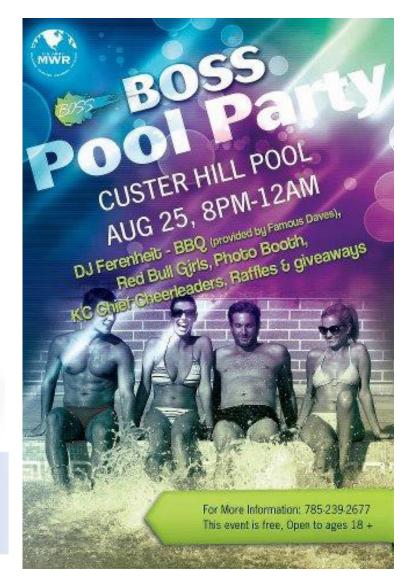


Slots are still available!!! Free Childcare for FRG Members if registered by the 21st of August

The essential piece....



Commanders and FRG Volunteers are Invited to Attend Contact Your Army Community Service at 239-4776 or 239-9435



GOODYEAR SCHEDULES FREE TIRE TEST AT KANSAS SPEEDWAY ON AUG. 28-29: Kansas Speedway's track reconfiguration project is nearing completion and NASCAR Sprint Cup Series teams are coming back to Kansas Speedway on Aug. 28-29 for their first look at the newly reconfigured track as they return for a Goodyear tire test. The test will run from 9 AM to 5 PM each day and will be open to the public and free of charge. Fans are asked to enter at Michigan Dr. off of Speedway Blvd. Due to another event setting up at Kansas Speedway, fans will only be able to enter at Gate D (closest to Turn 1) and sit in sections 169 and 171. Parking will be available in lots 5 and 6. Parking lots and gates will open at 8:30 AM. Sprint FanWalk will not be open during the test days. Restroom facilities will be open during the test. Concessions will not be available during the test days, however fans will be permitted to bring in a 14x14x14-inch soft-sided cooler with their favorite food and Coca-Cola products. This summer, crews have been adding variable banking to Kansas Speedway, changing the banking from the old 15 degrees to banking that is between 17 and 20 degrees in the turns. The banking on the frontstretch has also changed slightly, decreasing to 10 degrees (formerly 10.4 degrees), while the banking on the backstretch has increased slightly to 5.5 degrees (formerly five degrees). Crews also added an infield road course to Kansas Speedway. Testing dates, track schedule and drivers/teams are subject to change due to weather or other circumstances. For updates on whether your favorite driver will participate be sure to follow us on Facebook and Twitter. Tickets for Oct. 21 Hollywood Casino 400 NASCAR Sprint Cup Series race, the Oct. 20 Kansas Lottery 300 NASCAR Nationwide Series race and the Oct. 19 Kansas Lottery 98.9 ARCA Racing Series presented by Menards race are on sale now by calling 866.460.RACE (7223). Every season ticket comes with a Track Pass that provides you with access to the infield for the pre-race concert, driver introductions and much more! Parking is always free at Kansas Speedway and fans can bring in one 14x14x14-inch soft-sided cooler with their favorite food and beverages.

PWOC Fall 2012 Kick-Off: AUGUST 28 9000-1130 and 6:15pm to 8:00pm: PWOC is open to all women in the community and is a valuable resource for women to easily make friends and receive support during difficult times. Women who attend PWOC meetings vary in age from new wives to retirees. We are a very diverse group with different military experiences as active duty veterans, spouses of active duty, and spouses of retired veterans. We are united through Jesus regardless of the rank of our spouse. There is a time for learning, fellowship, spiritual growth, laughter, hugs, and food.

Military Council of Catholic Women (MCCW) Fall Kick-off is Sept 5, 2012 0900-1030 am at St Mary's Chapel- open to all Catholic women, not just Military Spouses and Soldiers. There will be music, rosary, fellowship and Bagels. FREE childcare but your child must have closed toe shoes!

OCSC 24 August Ice Cream Social – 10:30 at Hildebrand Farms in Junction City: What a better way to survive the heat of August then a cool scoop of ice cream and smiling faces? You can never have too many of each! Join us for a tour of the Hildebrand dairy in Junction City and an ice cream treat afterwards. Cost is \$5.00 per person and the whole Family is welcome. RSVP to activities@fortrileyocsc.com for more information on this great organization check them out on Facebook at www.fortrileyocsc.com

HASFR Annual Ice Cream Social at the Custer House on Ft Riley- Monday August 27th from 6pm to 8pm- for more information check out their Facebook page at http://www.facebook.com/fortrileyhistory

YMCA 1st – 6th grade flag football: We have begun sign-ups for 1st – 6th grade flag football. Games will be weekday evenings and possibly some Saturday mornings beginning after Labor Day. Practice days and times will be completely up to the volunteer coach. You can pick registration forms up here at the YMCA front counter; Forms are available online at www.junctioncityfamilyymca.com. They will also be sent home from school with the kids starting this week. Make sure to check their backpacks. The deadline is August 27th at 7:30pm. After that day there will be a \$5 late fee. If you have any questions please feel free to contact me. **And remember, we are always looking for volunteer coaches. POC: Brett Stewart, Program Director, Junction City Family YMCA 785-762-4780

YMCA 3rd – 6th grade volleyball: We are also taking registrations for 3rd – 6th grade volleyball. These games will be played Saturday mornings beginning after Labor Day. Practice days and times will be completely up to the volunteer coach. These forms will also be sent home from school, are here at the YMCA, forms are online at www.junctioncityfamilyymca.com. This deadline is also August 27th, at 7:30pm. After that day there will be a \$5 late fee. If you have any questions please feel free to contact me. **And remember, we are always looking for volunteer coaches. POC: Brett Stewart, Program Director, Junction City Family YMCA 785-762-4780

Fort Riley Child Development Centers Update: Free weekday hourly care will be from 6 to 8 p.m. Aug. 28. Reservations should be made in advance at Warren East CDC or SAC. Patrons also may utilize an hourly rate to take advantage of weekday and Saturday care. Weekday care is free for Families participating in Family readiness groups. For more information, call 785-240-0822 or 785-239-9220.

Purple Power Play on Poyntz! Manhattan's community wide celebration of K-State kicking into gear for the Fall Semester, you know that means just one thing! FOOTBALL!!! Join fans, friends, and Family for the two day celebration in Manhattan's downtown. August 30-31st there will be more that 20,000 attendees in Aggieville! There will be light shows, inflatable carnival, and many many more activities. Don't miss it! Follow them on Facebook at Purple Power Play on Poyntz:

http://www.facebook.com/media/set/?set=a.426607250703825.101284.129814630383090&type=1#!/PurplePowerPlay

Manhattan MRC Luncheon - The Manhattan MRC Luncheon will be held on September 5th from 11:30am – 1:00pm at the Manhattan Country Club ((1531 North 10th Street Manhattan, KS 66502, (785) 539-6221). The guest speaker this month will be Dr. Briana Nelson-Goff, the Director of the Institute for the Health and Security of Military Families. They are re-structuring and refining their committee and would love to have your input and involvement!! Join them on September 5th to learn how!! As always, you may register online: Register here http://events.manhattan.org/sbaweb/events/events.asp?details=true&cale_id=803&month=9/01/2012 or you may also call (785) 776-8829, or email Alison at alison@manhattan.org

Military Council of Catholic Women (MCCW) Fall Kick-off is Sept 5, 2012 0900-1030 am at St Mary's Chapel- open to all Catholic women, not just Military Spouses and Soldiers. There will be music, rosary, fellowship and Bagels. FREE childcare but your child must have closed toe shoes!

Fort Riley's National Prescription Drug Take-Back Day will be from 4 to 8 p.m. Sept. 28 at the entrance of the Main Post Exchange, 2210 Trooper Drive. For more information about National Prescription Drug Take-Back Day, which is Sept. 29, go to www.deadiversion.usdoj.gov/drug disposal/takeback/index.html

On October 4, 2012 from 9am-4pm, Military Spouse Link will host an event at Fort Riley at Riley's Conference Center 446 Seitz Drive Fort Riley, KS 66442. For more information please contact Military Spouse Link Events Contact Number 1-800-519-5904 X 102. Event setup will commence at 8AM the day of the event with a starting time of 9AM. For more information also visit their links at Website:www.MilitarySpouseLink.com or Facebook: www.facebook.com/militaryspouselink

USO- Looking for Volunteers to clean up their Dining Facility!!! The dates are 15-19 October 2 hours a night starting at 1730. POC: CPT ANGELIQUE M BANKS, MEDICAL OPERATION OFFICER 1HBCT,1ID w:(785)239-6495

SAVE THE DATE FOR MEGA BINGO 20 OCTOBER! Mega Bingo, Fort Riley's biggest Bingo game ever, will be Oct. 20 at Rally Point. Doors open at noon, and Bingo starts at 2 p.m. More than \$40,000 in total cash and prizes will be awarded. Tickets are available at Rally Point Bingo, Leisure Travel Center, Warrior Zone, Riley's Conference Center, Custer Hill Golf Course and Custer Hill Bowling Center. For more information, call 785-784-5434 or visit www.rileymwr.com.http://rileymwr.com/rallypoint/ Win a 2012 Buick Verano!!!!

Irwin Army Community Hospital (IACH) — IACH personnel would like to have a working relationship with ALL of its patients; they are wanting your feedback whether it be positive or negative. If you are having issues while you are at the clinic it may be something that can be resolved on the spot. Please ask for the AO (Admin Officer) or a GPM there on site to resolve all issues face to face. Sometime after you have left you are unable to remember names or even dates. Often, when you arrive home and start typing what happened into an ICE Comment, it is interpreted differently than what might have actually happened. Families also tend to put personal information in an ICE Comment that is read by numerous people, in order to resolve the issue that has been presented. Don't leave the clinic unhappy, visit with the AO (Admin Officer) or a GPM. Listed below are the AO's for each clinic, they will assist families immediately while you are still in the clinic. They are also willing to come out and speak to your FRG and Steering Committee meetings to help get this word out. Custer Hill Clinic- Walter Long 240-7070, Farrelly Health Clinic- Robin Harris 240-5548, Dept of Surgery/ Specialty Clinics- Fran Dinklecamp 239-7280 or Toni Murphy 239-7944, and IACH- Tony Pablo-240-7498

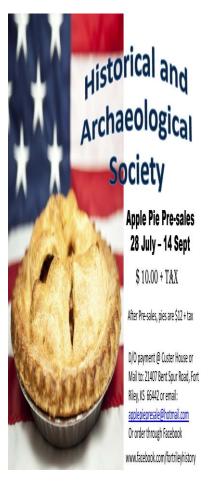
Army Provider Level Satisfaction Surveys (APLSS) - Remind Families to fill out the APLSS surveys the hospital can get up to \$175 back per positive survey to bring more items or personal into IACH (see flyer) Survey statistics being filled out between the dates of Sep 2011 to May 2012: Active Duty Soldiers: 6 out 100(5.8%) Soldiers, Spouses 10 out of 100 (9.6%), Retires/Spouses under the age 65 are 45 of 100 and Retires over 65 are 64 out of 100 are filling out and returning these surveys. The hospital does have a 93% positive rating - would like to reach 95%. Be open and honest about your visit- good or bad they want to know about their Clinics and the Hospital.

New Free Personal Finance App for Military Families: New Free Personal Finance App for Military Families McGraw-Hill and the Better Business Bureau Military Line have released a free app-Military & Money-which features educational resources and tools to help the military community make informed decisions about money. Part of the Joining Forces initiative, you can download the app for free in the iTunes store

Brigade T-shirt Sales have been extended out to 31 Aug! POC is PFC Oudman at Brigade785-239-6826 to get your order placed!



Fort Riley's Fall Apple Day Festival will be from 9 a.m. to 3 p.m. Sept. 22 at Artillery Parade Field. The event is an opportunity to learn about Fort Riley and will include a demonstration by the Commanding General's Mounted Color Guard, a military working dog demonstration, a historic encampment, an ATV course, a paintball course, static displays and many more activities. The Historical and Archaeological Society of Fort Riley also will sell apple pie by the slice or pie at the event. See flyers for ordering your pie today!



HASFR APPLE PIE PRE-SALE ORDER FORM

We will be pre-selling a limited number of pies again this year on a first-come, first-served basis. Pre-sales will be accepted during the following dates:

July 28, 2012 - September 14, 2012

Check or money order made payable to HASFR must accompany the order form at the bottom of this flyer. The form may be mailed to HASFR c/o Michele Ross, 21407 Bent Spur Rd., Fort Riley, KS 66442 or may be dropped off in the locked mailbox on the porch of the Custer House, Side B.

Pies are \$10.00 in advance plus tax, frozen and unbaked (\$12 on Apple Day)

Pies will be available for pick up on September 21 from 11:00am to 1:00pm and also from 4:00pm to 6:00pm. Pick up location is BLDG 7856, Drum St. on Custer Hill. Please try to pick up your pie on this day and avoid longer lines at the Fall Apple Day Festivia On September 24.

ALL PIES NOT PICKED UP BY 2:00PM ON SEPTEMBER 22 (FALL APPLE DAY FESTIVAL) WILL BE RESOLD

Deadline for ordering is September 14. If ordering by mail, please mail order form and payment before the 14th. For additional information, or forms, email your request to applepiepresale@hotmail.com.

Name:	Phone Number:		
Email:			
Number of Pies:	= (please see scale on back of form) \$		
Please include check of received.	or money order payable to HASFR. Pies will not be considered sold u	until paym	ent i
Would you like your e	-mail address kept on file to be sent a pre-order form next year?	ves	-

2012 HASFR APPLE PIE PRICES Pre-Sale \$10.00each + 7.55% Sales Tax

QUANTITY	PRICE	
1	10.76	
2	21.51	
3	32.27	
4	43.02	
5	53.78	
6	64.53	
7	75.29	
8	86.04	
9	96.80	
10	107.55	



HASFR Apple Days – Volunteers needed



- Hundreds of volunteers are needed to make Apple Day a success!
- **Pie making**: Sept. 17-22. There will be three shifts each day: 9-11 a.m., 11 a.m. to 1:30 p.m., and 6-9 p.m.
- **Pie baking**: Sept. 21[.] Volunteers will bake pies in two shifts: 7-10 a.m. and 10 a.m. to 1 p.m. Pre-sold pies will be handed out later in the afternoon, also through the help of volunteers.
- All making/baking occurs at the USO DFAC, 7856 Drum Street on the Custer Hill loop
- •For more information, contact Sara Swanzy at smileitssara@gmail.com

Don't forget the Devils Den Dining Facility Drive-thru is now reopen!!!! Hours of operation are breakfast 0730-0900 and lunch is 1130-1300-come thru and get yourself a delicious QUICK meal!!! Breakfast is \$2.45 and Lunch is \$4.55



Brigade still has some extra glasses left over from the Brigade Dining- In and looking to recoup some money spent on them. Brigade is selling them for \$2/glass! They would make great gifts, even if that gift is for you!!!! POC: PFC Oudman at Brigade, CMD Sec. We will not mail these, not a fundraiser. Please bring exact change for the # of glasses you would like to purchase.

Factsheet on the West Nile virus along with some recommended mosquito repellent brands family members and Soldiers can purchase. Below are some commercial sites where they can be bought. Please share this beneficial information since there was a recent death in Wichita and the virus is moving north and the Soldiers leaders should be getting this information shortly too.

http://solutions.3m.com/wps/portal/3M/en_US/Ultrathon/Products/Personal-Insect-Repellant/ Other NSNs: Cutter pump spray; 23% DEET; NSN: 6840-01-584-8598;

http://www.amazon.com/Backwoods-Cutter-Insect-Repellent-Pump-6/dp/B0037AMTQ8

Cutter repellent stick: 30% DEET NSN: 6840-00-142-8965;

http://www.shopwiki.com/I/Cutter-Outdoorsman-Insect-Repellent-Stick-~-1-oz



WEST NILE VIRUS

FACT SHEET 18-009-0812

What is West Nile virus and where is it found?

West Nile virus (WNV) is a mosquito-borne virus that was first seen in the United States in 1999. Since then more than 30,000 people in the United States have been reported as getting sick from the virus, which includes more than 1,200 deaths. WNV infected mosquitoes have been found in every state except Alaska and Hawaii.

How do people become infected with West Nile virus?

People contract WNV primarily through the bite of an infected mosquito. Mosquitoes acquire this virus by feeding on infected birds. Infected mosquitoes then transmit the virus to more birds, as well as to humans and other animals, when biting them. In a very small number of cases WNV can be transmitted through blood transfusions, organ transplants, breastfeeding and even during pregnancy from mother to baby. WNV is NOT transmitted from person-to-person. For example, you cannot get the virus from touching or kissing a person who has the disease or from a health care worker who has treated someone with WNV.



Adult female Culex sp. mosquito, one of the primary vectors of West Nile virus

Can you get West Nile virus directly from birds or other animals?

There is no evidence that a person can get WNV from handling either live or dead infected animals. However, as a general precaution, always wear gloves when handling dead animals, including dead birds, and use double plastic bags when disposing of them. Remember to report any dead birds to local preventive medicine personnel.

What are the symptoms of West Nile virus infection?

Most people who are infected with WNV, about 80%, will not show any symptoms at all. Less than 20% of people experience mild flu-like symptoms between 3 and 14 days after they are bitten by an infected mosquito. In a small number of cases, less than 1%, the disease is much more serious and can cause encephalitis, particularly among the elderly and those with weakened immune systems. Encephalitis is an inflammation of the brain. It is marked by rapid onset of severe headache, high fever, stiff neck, disorientation, muscle weakness, paralysis, coma, and even death.

Is there treatment for West Nile virus infection?

There is no specific vaccine, treatment, medication or cure for WNV, however, the symptoms and complications of the disease can be treated. Most people who get this illness recover from it. In more severe cases, individuals should seek professional medical help where treatment may include intravenous fluids, help with breathing and nursing care.

What should I do if I think I have West Nile virus?

Although milder WNV illness improves on its own, pregnant women and nursing mothers should talk to their doctor if they develop symptoms that could be WNV. Most people with mild WNV symptoms do not necessarily need to seek medical attention. However, if you develop symptoms of severe WNV illness, such as unusually severe headaches or confusion, seek medical attention immediately. Severe WNV illness usually requires hospitalization.

DOD INSECT REPELLENT SYSTEM

INCLUDE GUARDO









PERMETHR TREATED BED NET

Combined use of all elements of the DOD Insect Repellent System provides maximum and safe protection from mosquitoes that carry West Nile virus. It is DOD policy that Soldiers use the DOD Insect Repellent System when the threat of vector-borne disease transmission is likely.

System. It incorporates permethrin repellent on the uniform, DEET repellent on exposed skin, a properly worn uniform and sleeping under a permethrin-treated bed net.

What can I do to prevent myself

from contracting West Nile virus?

The best method of protection from

biting insects such as mosquitoes is the use of the DOD Insect Repellent

under a permethrin-treated bed net.
Uniforms factory-treated with
permethrin will have a garment label
similar to the one shown (left).
Another important preventive

measure is to eliminate mosquito breeding sites. Empty water from birdbaths, old tires, and other outdoor containers that collect water. Make sure that door and window screens are in place and do not have holes. Avoid being outdoors from dusk to dawn, which is the peak biting time for many species of mosquitoes that transmit WNV.

What can I use to treat my clothing with permethrin?

Beginning in October 2012, Army Combat Uniforms that are factory-treated with permethrin (ACU-P's) will be made available to Soldiers. If not factory-treated, apply permethrin to uniforms in the field before wearing using either the IDA Kit (NSN 6840-01-345-0237), which can last up to 50 washings, or aerosol can (NSN 6840-01-278-1336), which lasts 5-6 washings. U.S. Environmental Protection Agency (USEPA) labeled products that contain permethrin can be used to treat civilian clothing. Permethrin impregnated garments are also commercially available to civilians.

What are the standard military insect repellent products available for use on exposed skin?

- Ultrathon (NSN 6840-01-284-3982), 33% controlled-release DEET lotion, one application protects for 12 hours.
- Ultra 30 Insect Repellent Lotion (NSN 6840-01-584-8393), contains 30% Lipo DEET, the formulation is not as greasy and one application protects for up to 12 hours.
- Cutter pump spray (NSN 6840-01-584-8598), contains 23% DEET, one application protects for up to 8 hours.
- Cutter Outdoorsman Insect Repellent Stick (NSN 6840-00-142-8965), contains 30% DEET, is a solid
- formulation, one application protects for up to 8 hours.
- Sunsect lotion (NSN 6840-01-288-2188), combines 20% DEET and 15 SPF sunscreen.
- Camouflage Face Paint (CFP) with 30% DEET (NSN 6840-01-493-7334).
- NOTE: Do not apply repellent to the eyes or lips, or to sensitive or damaged skin.













Standard military insect repellents for use on exposed skin come in a variety of formulations (left). All standard skin repellents contain the active ingredient DEET and are registered by the USEPA. These products are safe to use and effective at repelling mosquitoes that carry the West Nile virus.

What is considered a "properly worn uniform"?

Worn properly, your uniform acts as a physical barrier against insects. Wear the sleeves rolled down. Close all openings in your clothing that might provide access to insects: tuck pants into your boots, and undershirt into your pants. Wear your uniform loosely since mosquitoes can bite through fabric that is pulled tight against the skin.

What are the standard bed nets available to help protect Soldiers from mosquito bites while sleeping?

Lightweight, Self-Supporting, Pop-Up Bed Nets factory-treated with permethrin are available in Coyote Brown (NSN 3740-01-518-7310) or OD Green (NSN 8415-01-516-4415). Untreated Mosquito Bed Nets (NSN 7210-00-266-9736) should be treated with permethrin aerosol before setting up to prevent mosquitoes from biting through the net.

^{**}Reference herein to any specific commercial products, process, or service by trade name, trademark, manufacturer, or otherwise, does not necessarily constitute or imply its endorsement, recommendation, or favoring by the United States Government. The views and opinions of authors expressed herein do not necessarily state or reflect those of the United States Government, and shall not be used for advertising or product endorsement purposes.